

# City of Hagerstown, Maryland Status & Information Report No. 11 for 2017

March 17, 2017

To Mayor Bruchey and Members of the City Council:

## UPCOMING MEETINGS

<b>MARCH 2017</b>						
* For additional information and a complete list of City events, please visit our Calendar of Events on the City's website at <a href="http://www.hagerstownmd.org/calendar.aspx">http://www.hagerstownmd.org/calendar.aspx</a>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 7:30pm Cabin Fever Blues Bash @ Maryland Theatre	4
5	6	7 7am State of the City @ Academy Theater  4pm Work Session	8 4pm Hagerstown Planning Commission Meeting	9 4pm Board of Traffic & Parking  4:30pm Hagerstown Historic District Commission Meeting	10	11
12	13	14	15 4pm Executive Session	16	17	18 10am St. Patrick's Day Run @ City Center
19	20	21 4pm Work Session	22	23 4:30 pm Hagerstown Historic District Commission Meeting	24	25
26	27	28 7pm Regular Session	29 7pm Hagerstown Planning Commission Meeting	30	31	

## DEPARTMENT OF COMMUNITY & ECONOMIC DEVELOPMENT

1. Main Street's Business Relations work group met this week to discuss creating an available properties map for the website and plan additional topics for the monthly downtown business owners meetings.
2. Staff organized the monthly downtown business owner forum which was held at DCED on Thursday. Scott Nicewarner spoke with the group about 1 Gigabit internet availability and the benefits to properties and businesses.

## FIRE DEPARTMENT

### FIRE DEPARTMENT CALLS FOR ASSISTANCE

House Fires	1	Community Risk Reduction	15
Building Fires	3	Public Service	3
Medical Assistance	19	Personal Injury Collision	6
Assist other Fire Departments	6	Fuel/Hazard Spills	1
Automatic Fire Alarms	6	Gas Leaks	1
Vehicle Fires	0	Investigation: Odor, Smoke, Fire	2
Elevator Service Call	0	Dumpster/Outside Fires	1
Downed Power Lines	1	Electrical Hazard	1

## INFORMATION TECHNOLOGY & SUPPORT SERVICES

### COMMUNICATIONS

#### **This Week's Headlines and Media Releases:**

- City Prepared to Address Winter Storm Stella
  
- E-Casts:
  - March Main Street Newsletter
  - Reminder March DT Business Owner Forum
  - 2017 Hub City 100 Miler Week 9

#### **Channel 25:**

- Watch the City Newsroom at the top of every hour. This week's news stories include:
  - o Update City Park Lake Enhancement
  - o State of the City 2016 Year in Review
  - o State of the City 2017
  - o BuroBox promotion
  
- Scheduled:
  - o 2017 State of the City Presentation at the Academy Theatre:  
3:00 pm Monday & Saturday  
7:00 pm Sunday
  
  - o Divided Valor:  
Noon Saturday & Sunday
  
  - o Valor in the Streets:  
7:00 pm Wednesday & Saturday  
3:00 pm Sunday

#### **Websites:**

- **City Website:**
  - o About 7,519 users visited [www.hagerstownmd.org](http://www.hagerstownmd.org) for the week of March 6–12, 2017.

- Top entrances (first page users accessed on the website)
  - Home page 3,353
  - Utility Billing 677
  - Jobs Page 290
  - Police 220
  - Parks & Recreation Page 194
- Top Searches:
  - "true"
  - "jobs"
  - "yard sale"
  - "pay water bill"
  - "RFPs"
  - "yoga"

## PARKS & ENGINEERING

### PARKS DIVISION

1. **2017 Spring and Summer Recreation Programs.** Staff is contracting with 18 instructors to roll out a full schedule of 40+ indoor and outdoor programs for Spring and Summer 2017!! Classes will be held outdoors in our parks as well as in our NEW indoor FIT room at Fairgrounds Park. Classes range from Yoga to Flag Football to Volleyball to Adult Hoolah Hooping to Healthy Eating and more. Check out the schedule attached.
2. **Golf Course.** Course is scheduled to open on Friday, March 24, weather pending. Concessions, beer and merchandise is being purchased for the clubhouse and staff if being interviewed and hired.
3. **National Road Park.** We continue to replace the sidewalks and curbs; we are also installing brick piers.
4. **Opening Day Prep.** We are assisting the youth leagues to prepare for their opening day ceremonies.

### ENGINEERING DIVISION

1. **City Park Lake Dredging.** To date, the contractor has removed 470 truckloads of excavated material or about 25% of the silt scheduled to be removed. The attached drawing shows the area completed to date.
2. **Jonathan Hager Elementary School.** We worked with HPD, City Attorney and Brekford to develop plan for signage to the new speed cameras. Work order has been sent to Public Works and signs are expected to be installed by March 24<sup>th</sup>.
3. **Belview Avenue.** We are applying for a grant to construct several bio-retention bumpouts to collect and filter street stormwater, which will also act as traffic calming devices by narrowing the street. The Neighborhoods 1<sup>st</sup> sent a letter of recommendation.
4. **53 West Washington Street.** We are working with Community Development to prepare a contract to construct water service in front and sewer lateral in rear of this building and hope to advertise by the end of March so construction can be completed by mid-June.

5. **Traffic Calming.** We are working with four Neighborhoods 1<sup>st</sup> groups on traffic calming and crosswalk issues on Mulberry Avenue, Belview Avenue, Prospect Avenue, Nittany Lion Circle and Maryland Avenue

6. **Engineering Statistics.**

Traffic issues		
Description	Week of 3/12/17	2017 TOTALS
Traffic complaints received	6	31
Work Orders completed	8	26
Traffic counts completed	2	6
Construction Projects		
Description	Week of 3/12/17	2017 TOTALS
Projects advertised for bids	1	5
Projects under construction	8	
Projects completed	0	0

**PLANNING & CODE ADMINISTRATION**

.1. **New Zoning Certificates:**

- 1583 Potomac Avenue (Pennsylvania Dutch Market) – Olde Time Candy and Bulk Foods – retail sales.

.2. **Historic District Commission:** The Historic District Commission will be considering the following matters on March 16:

- 10-11 Public Square – TMG Studios - Sign.
- 55-59 West Washington Street – MSB Architects – Rear Alterations.
- 105 West Franklin Street – Jermaine Fontanelle/One Touch Tattooz – Sign.
- 10 West Franklin Street – Joe Calderon/Hub City Thrift – Sign.
- 7 East Washington Street – AT&T – Communications Equipment.
- 135 West Washington Street – Washington County Historical Society – Fence.
- 33 West Antietam Street – PLDC Properties 1, LLC – Gravel Lot (Post Demolition).
- Workshop: 203-205 South Prospect Street – Alex J. Linke – Window Replacement.

.3. **Weekly Activity Report:** March 6–10, 2017

PERMITS								
TYPE	NUMBER OF NEW APPLICATIONS							NUMBER ISSUED
		Residential -		Commercial -		Other -		
Building	6	Residential -	6	Commercial -	0	Other -	0	7
Electric	21	Residential -	14	Commercial -	7	Other -	0	20
Plumbing	15	Residential -	11	Commercial -	3	Other -	1	15
Mechanical	6	Residential -	5	Commercial -	1	Other -	0	6
Engineering Dept.	4							5
<b>TOTAL</b>	52		36		11		1	53
<b>Est. Value of Issued Building Permit Projects:</b>				<b>Fiscal Year Totals:</b>				
Residential			\$ 28,867.00					\$ 4,824,838.00
Commercial			\$ 141,500.00					\$ 14,910,078.00
Apartment			\$ 2,000.00					\$ 871,540.00
Sign			\$ 0.00					\$ 296,825.00
<b>TOTAL</b>			<b>\$ 172,367.00</b>					<b>\$ 20,903,281.00</b>

<b>Projects of Interest</b>		
- Interior demolition and two phases of construction at 1 South Potomac Street - \$40,000		
- Interior renovations to create ADA baths, new entrance, offices at 133 South Burhans Boulevard – \$100,000		
<b>RENTAL LICENSING PROGRAM YEAR: JULY 1, 2016 – JUNE 30, 2017</b>		
	<b>PROPERTIES</b>	<b>UNITS</b>
Registrations received week of Feb 27 – Mar 3	2	3
New applications issued week of Feb 27 – Mar 3	3	4
Total 2016-2017 registered (includes additions and subtractions since 5/1/16)	3,444	9,020
Total still outstanding from May 1 renewal mailing (all have been fined. Court hearings begin in April)	7	8
<b>Notes:</b> The 2016-2017 rental license renewals for 9,102 units in 3,468 properties were mailed on May 2, 2016.		
<b>PAYMENT</b>		
Weekly payment received	\$ 225	
Weekly adjustment/credits	\$ 100	
<b>INSPECTIONS</b>		
<b>TYPE</b>	<b>NUMBER CONDUCTED</b>	
Building	33	
Electrical	47	
Plumbing	31	
Mechanical	12	
Safety	53	
Neighborhood Vitality	64	
Quality of Life	2	
Preventive Maintenance	62	
Planning & Zoning	4	
<b>INSPECTIONS KEY:</b>		
<b>Categories of Conditions</b>		
Safety	Conditions which are or reasonably present a hazard to occupant or public. <u>Example:</u> No smoke alarms, improper wiring, handrails	
Neighborhood Vitality	Conditions which cause or tend to cause diminution to property <u>Example:</u> Weeds, trash, debris, junk vehicles, deterioration of a structure.	
Quality of Life	Conditions which negatively impact occupants. <u>Example:</u> Damaged surfaces, damages elements, missing screens	
Preventive Maintenance	Conditions which are technical violations and need addressed to prevent deterioration. <u>Example:</u> Mortar deterioration, clogged gutters, minor rotting wood	
Planning & Zoning	Conditions which violate Land Management Code requirements (zoning, forest conservation, floodplain, historic district and other requirements) and progress inspections of development projects for site plan compliance. <u>Examples:</u> Uses not permitted in property's zone, construction of new facilities, follow up inspections on open violations.	

<b>POLICE DEPARTMENT</b>
--------------------------

**STATS**

Calls for Service:	1,460	Field Interviews:	41
Arrests/Warrants Served:	12	Moving Violations:	31
Domestic Violence Calls:	21	Parking Violations:	113
DUI Arrests:	3	Safety Repair Orders:	6
Reports Filed:	132	Warnings:	48

## REPORTS

**03/09/17:** Officer White was dispatched to Mulberry Avenue for a reported theft in progress of a dirt bike. The owner advised he was in his residence when he heard the sound of his dirt bike starting up. He looked out the window and saw a juvenile riding away on the bike. There were two other individuals riding bicycles behind the dirt bike. The owner was still in possession of the key. The officer checked the area for the 1980 red Honda dirt bike but was unsuccessful in locating the bike. There are no suspects at this time.

**03/10/17:** Officer Bobetich responded to Byers Stop-n-Go on Burhans Boulevard for a subject trespassing the location. Dispatch advised a subject was in the store and has an No Trespass Order against him for that location. A second call from Dispatch advised the subject was attempting to assault the security guard. Officer White attempted to place the subject in handcuffs but the subject resisted which resulted in knocking off the officer's body camera and upsetting a soda display. The officer received confirmation that the No Trespass Letter is currently active. The subject was transported to Central Booking and charged with Attempt Assault 2<sup>nd</sup> Degree, Resisting Arrest and Trespass Private Property.

**03/11/17:** Officer Tribadeau was dispatched to East Franklin Street for a disturbance of an individual continually honking his horn. The officer found the individual behind the wheel of his vehicle and quickly detected the individual's glazed eyes and slurred speech. The officer asked the male if he had been drinking alcoholic beverages and also he had driven the vehicle to the current location. The individual replied yes to both questions. The male was transported to the Hagerstown Police Department and consented to submitting to the Intoximeter Test. He was later charged with Driving Under the Influence, Driving Under the Influence Per Se, and Driving While Impaired.

**03/12/17:** Officer Moczydlowsky responded to Jonathan Street for a reported domestic disturbance. The victim stated her intoxicated husband ordered her to leave the house and he attempted to take her cell phone. A verbal argument turned physical and the husband then began to assault his wife with his closed fist. She complained of pain to her nose, left shoulder and right foot. The officer determined that the husband had two current protective orders preventing him from being abusive to his wife in the states of West Virginia and Connecticut. At this time the husband complained of chest pain and was transported to Meritus Medical Center before being transported to Central Booking. CASA was contacted and advised the victim to obtain an additional protective order in Maryland. No further details are available.

**03/13/17:** Officer White was dispatched to Oak Hill Avenue for a reported burglary. The victim stated that someone had stolen her laptop computer along with some jade and diamond jewelry. The suspect took the laptop but left the mouse and the charging cable. The officer checked local pawn shops for the missing items but the items were not located. It should be noted that all doors were secured and the officer saw no damage to any of the three exterior doors. There are no suspects at this time.

**03/15/17:** Officer C. Koontz responded to Fairgrounds Park for a disturbance involving a handgun. The victims stated they had a phone for sale and two juveniles were interested in purchasing the phone. An agreement was made on the price and a meeting place was determined. At the meeting place the two suspects got into the victim's vehicle to make the transaction. After the suspects examined the phone they tried to exit the vehicle without paying for the phone but the victim had the child safety locks activated and no one could get out. At this point, the one juvenile pulled a small silver handgun out of his front left pants pocket. The victims lowered the windows and the two juveniles fled the area. The phone was entered into NCIC as stolen. No further details are available.

### **OTHER NEWS/INFORMATION: Congratulations to Dr. Thomas Alexander**

Dr. Thomas Alexander recently co-authored a chapter in the *Handbook on Homicide* with Professor Emeritus Charles Wellford from the University of Maryland. This book will be published in the USA the week of April 17, 2017. The book is published by Wiley Publishing and their website description of the book is, "*The Handbook of Homicide presents a series of original essays by renowned authors from around the world, reflecting the latest scholarship on the nature, causes, and patterns of homicide, as well as policies and practices for its investigation and prevention.*" It is the publisher's hope that the Handbook becomes the place for researchers, students and others to turn first for international scholarship on homicide. Professor Wellford and Dr. Alexander's chapter is titled, *Solving Homicide: Trends, Causes, and Ways to Improve*.

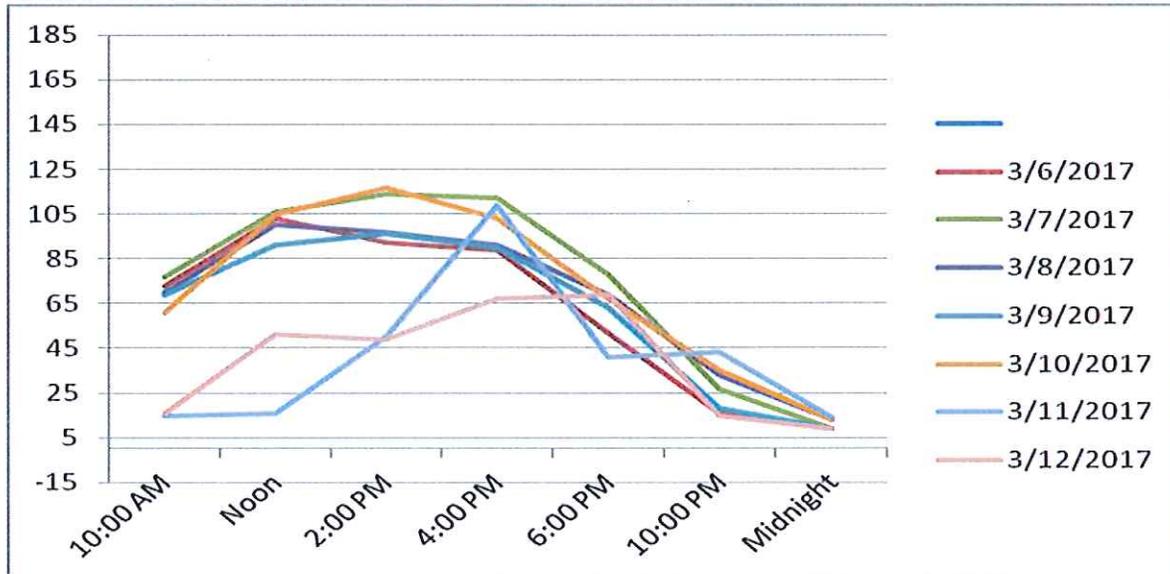
Dr. Alexander has been employed by the City of Hagerstown since 1975 and is currently assigned to the Uniform Patrol Division of the Hagerstown Police Department. He is the Commander of the Charlie and Delta Platoons and the East Sector Manager. The Hagerstown Police Department is privileged to have Dr. Alexander's level of expertise regarding many aspects of crime, criminal behavior, and law enforcement.

**PUBLIC WORKS**

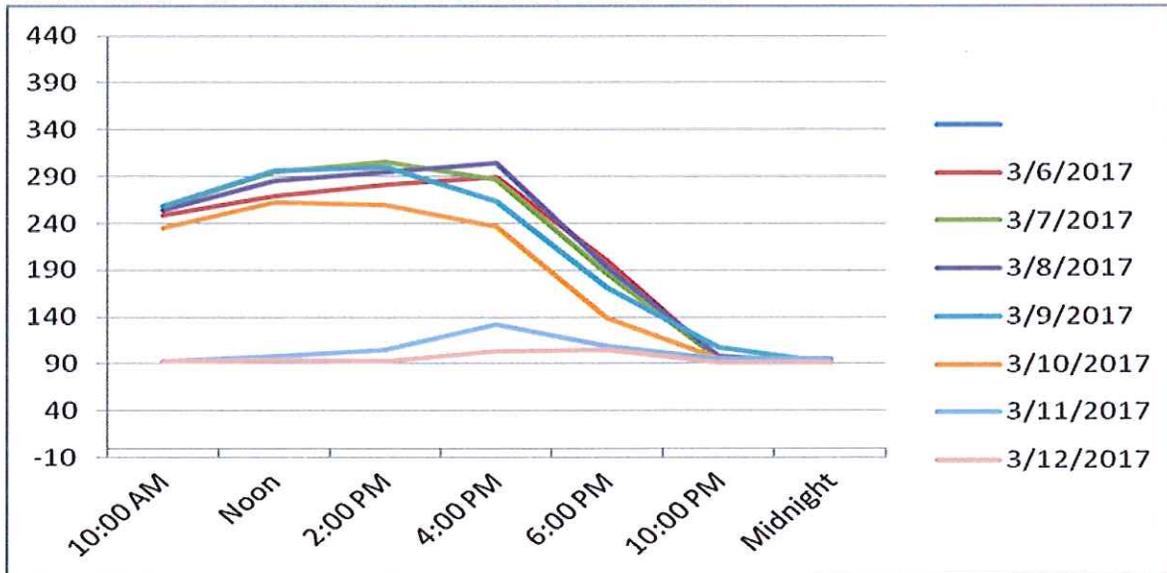
**CHART NO. 1 – GENERAL PARKING SYSTEM DATA**

		Current Week	Previous Week
<b>Number of Permit Holders</b>	A & E Deck	220	213
	University District Deck	410	413
	Parking Lots	307	304
<b>Number of Patrons Using Decks</b>	A & E Deck	1925	1745
	University District Deck	1696	2082
<b>Sales of Discount Coupons</b>		0	0
<b>Number of Citations Issued</b>	(Includes Warnings)	196	151
<b>Number of Cars Booted</b>		2	3
<b>Number of Late Payment Notifications</b>		49	53
<b>Peak Occupancy (%)</b>	A & E Deck	64% Fri @ 2 PM	71% Fri @ 2 PM
	University District Deck	70% Tue @ 2 PM	74% Tue @ 2PM

**CHART NO. 2 – A&E PARKING DECK WEEKLY OCCUPANCY .**



**CHART NO. 3 – UD PARKING DECK WEEKLY OCCUPANCY**



**CENTRAL MAINTENANCE GARAGE REPAIR DATA**

	Current Week	Previous Week
DCED	1	1
Fire	3	2
Human Resources	0	0
Light	3	2
Parks & Engineering	0	1
Police	6	10
Public Works	7	4
Wastewater	1	2
Water	6	2
<b>Weekly Totals</b>	<b>27</b>	<b>24</b>

**UTILITIES DEPARTMENT**

**ELECTRIC DIVISION**

**Problem Areas**

- Fri, 3/10/2017      140 North Mulberry Street, Apt 1 – The Customer's main breaker tripped  
10:27pm – 10:56pm
  
- Sat, 3/11/2017      124 East Baltimore Street – Disconnect/Reconnect service for electrician to  
make repairs. 8:00am – 8:45am
  
- 108 North Mulberry Street – Total outage. Transformer fuse had operated  
12:31pm – 1:23pm
  
- Intersection of Park and Burhans – Traffic signal service had a broken neutral.  
11:21pm – 1:00am
  
- Wed, 3/15/2017      337-339 South Street – Tin on service wires  
5:15pm – 6:45pm
  
- 900 Sweeney Drive – Broken tap on primary underground service  
9:45pm – 11:00pm

### Distribution

- Inspections have begun for Snook and Plant substations.
- Several streetlights and services have been repaired.

### Engineering

- Multiple permit reviews, underground locates, and service upgrade requests have been reviewed and/or completed by engineering staff.
- The Staff Engineer began updates of RFP's and specifications for advertisement prior to the end of FY17.
- Engineering staff assisted with removal of snow from HLD substations.
- The Staff Engineer continued review of multiple plans and inquiries affecting HLD facilities.

### Administration

- Staff prepared Data Response No. 2 for the Staff Counsel of the Maryland Public Service Commission.

<b>WATER DIVISION</b>
-----------------------

### **Plant Flows - System Demand (MGD)**

<u>Date</u>	<u>Willson</u>	<u>Breichner</u>	<u>Total</u>
03/09/17	10.95		10.95
03/10/17	10.54		10.54
03/11/17	10.55		10.55
03/12/17	10.24		10.24
03/13/17	10.52		10.52
03/14/17	10.13		10.13
03/15/17	10.64		10.64
<i>Average</i>			<i>10.72</i>

### Water Production at R. C. Willson

- Operations:
  - Operations were routine this week – staff worked on facility maintenance and routine preventative maintenance.
- Maintenance
  - Snow removal was completed by crews.
- Instrumentation
  - RC Willson – Work continues on the installation of a SCADA work station in the chemical building.
  - RC Willson – Snow removal was completed by crews.

**Water Production at Breichner/Edgemont Reservoir.** The Edgemont Reservoir pool elevation is currently at 1.8 foot (dry level). Site evaluation continues per the contract with Hazen and Triad. The project preliminary report has been received by Hazen and Sawyer and will be presented at the next meeting this month with Mayor and Council.

**Water Distribution.** Distribution crews are working throughout the system performing customer service work and new meter installations as needed. The leak survey program is still in progress. Repairs were made to a water main leak at the intersection of Pin Oak Road and Knotty Pine Drive as well as at the intersection of Peacock Trail and Meadowlark Avenue. Snow removal was completed by crews. Work continues on the main replacement project on East Antietam Street.

### Laboratory

- Collected weekly TOC on Potomac River.
- Collected weekly THM/TOC samples on the Willson Plant.

- Collected monthly TTHM samples.
- Collected distribution system samples for monitoring of nitrification.
- Collected aluminum and TSS sample from lagoon discharge.
- Process and regulatory testing was routine for the week.

**Engineering**

<u>Reviews:</u>	<u>City</u>	<u>County</u>
Site Plans	-	4
Preliminary Plats	-	-
Final Plats	-	-
Building Permits	14	6

- The 12" main relocation on Route 65 associated with the Walmart project is 45% complete.
- The preliminary design of the facilities for the Professional Boulevard Project Phase I and II is 30 % complete.
- Staff met with a consultant regarding preliminary approval of a commercial development project.

**WASTEWATER DIVISION**

**Wastewater Treatment Plant at Frederick Street**

<b>Date</b>	<b>Flow (mgd)</b>	<b>Rainfall (inches)</b>
Wednesday, March 8, 2017	6.23	0.02
Thursday, March 9, 2017	6.32	0.00
Friday, March 10, 2017	6.42	0.21
Saturday, March 11, 2017	5.93	0.00
Sunday, March 12, 2017	5.59	0.00
Monday, March 13, 2017	5.82	0.00
Tuesday, March 14, 2017	6.23	0.37
Weekly – Avg. Flow / Total Rainfall	6.08	0.60
Mar - Avg. Flow/Total Rainfall	6.07	1.16

**Miscellaneous**

- Installed new starter/solenoid on New Holland tractor.
- Snow removal.
- Cleaned Velodyne polymer system.
- Continued plumbing and instrumentation work on new ferric pumps.
- Routine maintenance (MP2 Program) and Corrective Work orders.

**Wastewater Collection**

**SSES Weekly Progress**

<b>Activity</b>	<b>Districts</b>	<b>L. F. main</b>	<b>Feet of lateral</b>	<b># inspected</b>
CCTV Inspections	#4,#6,#15,#22	1,143'	156'	8
Flushing	#15	3,264'		

**Collection System Maintenance Task**

- Odor complaint at 1221 Magnolia Court, problem on private side.
- Odor complaint at 990 Wesel Boulevard, problem on private side.
- Sewer Backup at 440 McDowell Avenue, problem on private side.
- Sewer Backup at 319 Bryan Place, problem on City will excavate 3-14.
- Sewer Backup at 1217 Sherman Avenue, problem on the private side.
- Sewer Backup at 351 East Avenue, cleared blockage from lateral.
- Excavated and repaired lateral for 1337 Pennsylvania Avenue, (Excavation was on Fairview Road).
- Excavated and repaired lateral at 1936 Abby Lane.
- Pump Station #18, cleaned wet well.
- Pump Station #17, worked on RTU.
- Unit #528, repaired bypass valve, greased boom and completed other PM items.
- General pump shop repair work.
- Began quarterly cleaning of trouble spots.

**Administration**

Wastewater Division – Customer Call Log Summary 2017							
Type	Blockages	Grinder Pumps	Odor Complaints	Flushing	WW Pump Station	Other	Totals
Weekly	4	0	2	0	0	0	6
YTD 2017	20	9	4	1	0	22	56

\* Other - consist of calls that may be directed to other City Departments or the County Department of Water Quality

**Engineering**

- The Infiltration/Inflow Rehabilitation Phase IA contract is approximately 15% complete.
- Preliminary design of facilities for the Professional Boulevard Phase II project is 40 % complete.

**Laboratory**

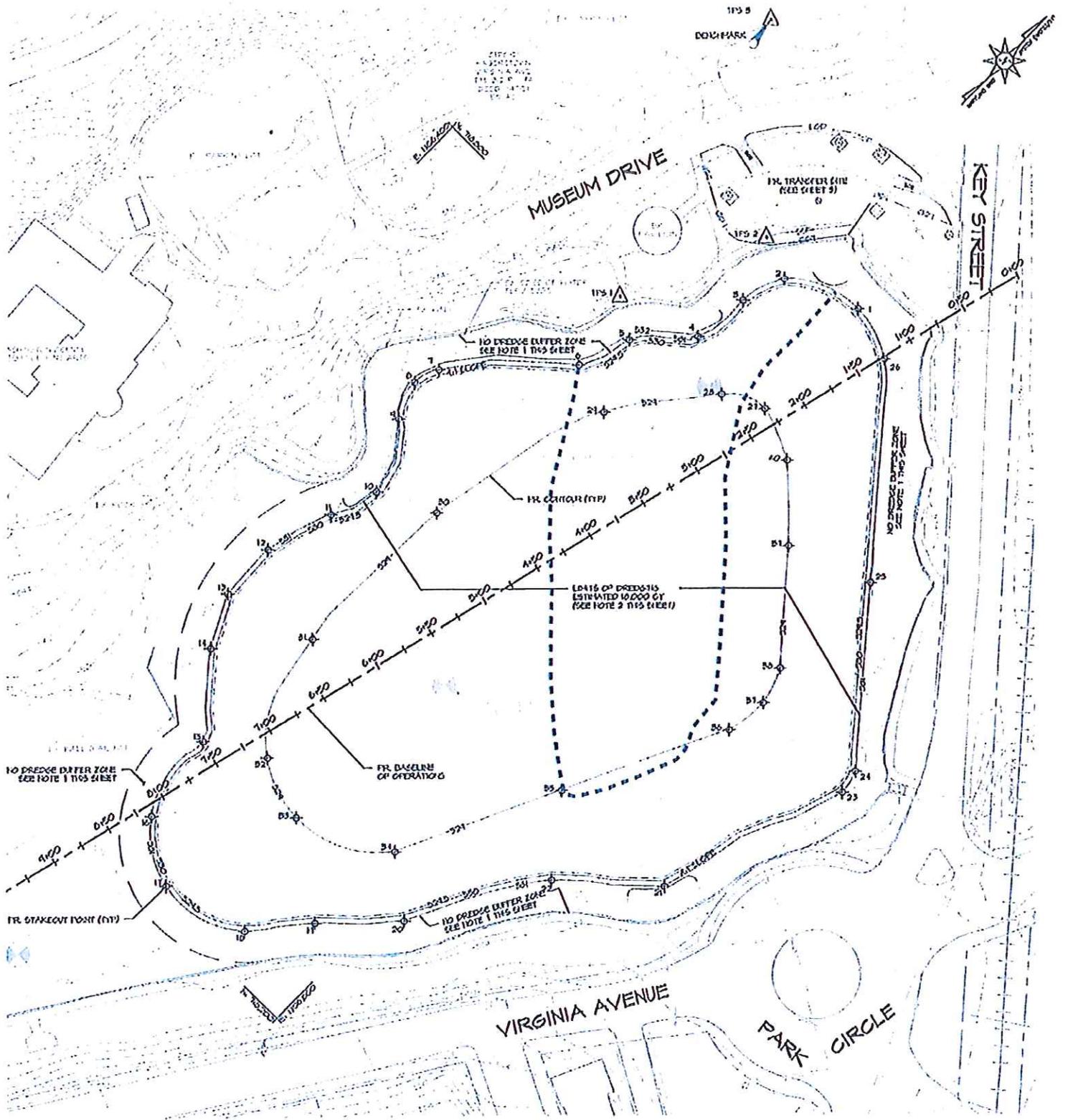
- Addressed sampling questions from Fredericktowne Labs regarding sampling of Pinnacle Foods.
- Prepared reagents for Lachat operation.
- Process and regulatory testing was routine for the week.



Respectfully submitted,

*Valerie A. Means*

Valerie A. Means  
City Administrator



**DREDGING SITE PLAN**

**REPORT 5 - 3/10/17**

**APPROX. DREDGE LIMITS**

**INDOOR PROGRAMS**  
**FIT ROOM AT FAIRGROUNDS PARK**  
**532 North Cannon Avenue**

**GREAT FOR KIDS**  
**NUTRITON**

**Yoga For Weight Loss**

**M & W | 5:45pm-6:45pm**

**March 6-April 26; May 1-June 21; July 3-Aug. 23**

An 8-week Yoga Series that focuses on mind-body connection and weight loss. This class will help tone and trim the body. The 8 week session is geared toward total mind/body awareness, movement, and breath to jump start weight loss and help with weight management. This series is suitable for all levels, beginner to advanced! Fun, relaxed atmosphere! 8-week series: \$95/returning students, 100 Milers, and Meritus employees. \$115/new students. Drop-in/\$10.

**Gentle Yoga**

**Thursdays | 4:45pm – 5:45pm**

**March 16-April 20; April 27- June 1; June 15 – July 20**

Guided gentle yoga practice for improved focus, breath technique, and resilience. This moderate, low-impact exercise routine is simple enough for beginners, yet effective enough for real results for everyone. Ages 8+. Led by Casey Hoffman. 6-week session/\$45. Drop-In/\$10

**CPR and First Aid**

**Weekends | 10am – 1pm**

**Fri. March 24; Sun. April 30; Sun. May 21; Sun. June 11; Fri. July 7**

Become certified to administer CPR and First Aid. Classroom training with both textbook materials and interactive experience training with manikins. Exam at the end of the course demonstrates learning to acquire a certification card. In partnership with Mid-Atlantic Emergency & Safety Consultants, LLC. \$30/person. Discounted group certification rate available.

**Child and Babysitter Safety Training**

**Weekends | 10am – 3:30pm**

**Fri. March 24; Sun. April 30; Sun. May 21; Sun. June 11; Fri. July 7**

This Child and Babysitter Safety program teaches skills to raise confident, knowledgeable, credibly and officially CPR and First Aid certified care providers. In partnership with Mid-Atlantic Emergency and Safety Consultants, LLC. Appropriate for ages 11 years and above. \$50/person.

**Tone Your Asana, Yoga Tone Series**

**Saturdays | 8:30am - 9:30am**

**April 1- May 13, (no class on April 15); May 27-July 1; July 15-Aug. 19**

Muscle meets Yoga in this toning, total body workout! This class will combine the use of light free weights, cardio, with traditional Vinyasa Yoga postures to help build lean muscle mass and boost metabolism. Tone your body, calm your mind, and find balance in this fun, challenging series! Class is set to fun, up-beat music! Please bring yoga mat, towel, and water; weights are provided. 6-week series/\$65. Drop-in/ \$15.

**Work Your Core**

**Saturdays | 8am – 8:25am | April 1 – May 6**

A strong core equals a stronger healthier body! Focus will be on isolating the Transverse and Rectus abdominal

muscles to strengthen the belly, help relieve back pain, improve balance and posture. Please bring a Yoga mat. All levels welcome! 6-week series/\$30. Drop-in/\$6.

### Breathe In; Bliss Out

Sunday | 3:30pm – 5pm | April 23

Led by Alys Dahbura, learn how to down regulate your nervous system and mitigate stress with movement and breathing strategies incorporating myofascial release, yoga, meditation, and more. Unbind muscular tension, relieve anxiety, and master the art of 'blissing out'. \$20/person.

### Unravel & Restore

Wednesdays | 9:30am – 10:30am | April 19 – May 10

Wednesday workshop series led by Alys Dahbura. Improve your body awareness and learn strategies to eradicate pain, improve posture, and enhance your athletic performance. New Students/\$60 (set of Yoga Tune Up Therapy balls included); Returning Students/\$50 (balls not included).

### Lose the Stress! Lose the weight!

Thursdays | 7pm - 8pm | April 20 - May 25

Tuesdays | 7pm -8pm | Aug. 8 - Sep. 12

Tried every diet known to man and still can't lose weight?! Stress is likely the culprit! Stress is intended to protect us, but when you stay stressed-out, it alters digestion and hormonal balance making it hard to lose weight even when you're eating right and exercising! Learn to make stress work for you to control cravings, regain energy and sleep soundly, so you can look and feel amazing! Led by Board-Certified Nutritionist Cheryle McKee. Ages 15+. 6-weeks/\$80.

### Tai Chi for Balance and Movement

Mondays | 9am- 10am & Saturdays | 9:45am-10:45 am

April 24-June 3; June 5- July 15; July 17- Aug. 26; Aug. 28-Oct. 2

Improve balance and movement through this introduction to Tai Chi principles and postures. Relieve tension and reconnect with yourself through this low-impact mind-and-body exercise series. Led by Vernon Medeiros. Choose your 6 week schedule: Meet once weekly/\$35; Twice weekly/\$45; Drop-in/\$10.

### Restorative Yoga by Candle Light

Tuesdays | 5:45pm -6:45pm

May 2- June 13; July 11- Aug. 15

Restorative yoga is the art of relaxation; slow, gentle yoga aims to open the body and improve range of motion and joint mobility, while releasing stress and tension! Led by Michelle Grimes, this class is appropriate for anyone seeking the benefits of a very gentle, relaxing, nourishing practice. 6 week series/\$65. Drop-in/\$15.

### Healthy Eating Strategies for Busy Families

Tuesdays | 7pm – 8pm | May 2 – May 16

Eating healthy can be hard amidst busy schedules and tight budgets! This three-part series will teach you the tricks you need to plan, shop for, and prepare healthy meals your whole family will love, without spending forever in the kitchen! Ages 15+. Led by Board-Certified Nutritionist, Cheryle McKee. 3-week series/\$45. Drop-in/\$15.

### Dance F.I.T. (Fitness Interval Training)

Tue & Fri | 9:15am - 10:15am | May 2 – June 23

Dance F.I.T. (Fitness Interval Training) incorporates interval training with fun, energizing, easy to follow dance and fitness moves. A 6-week exhilarating cardio workout, this program will sculpt and tone your whole body! Instructor: Angela Yamashita. Ages 8+. One day/week: \$25; Two days/week: \$40.

### Soolah Hoops Adult Hoop Dance Class

**Tuesdays | 7pm – 8pm | May 16 -June 20**

Hoop Dance has swept the world! This class will instruct you on hoop dancing techniques, tricks, hoop flow instruction as well as incorporate fun into your exercise Hoolah Hoop routine! If you don't know how to hoop, instructor, Soolah will be assisting you in how to work your hoop! 6-week course/\$120.

### Gad Abouts- Square Dance Night

**Tuesdays | 7pm - 9pm | May 30, June 27, & July 25**

This one-night dance experience is fun for everyone, no experience necessary! Ages 8 years and up will enjoy learning new moves and following directions, before you know it - you are square dancing! \$6/person; Drop in/\$7.

### Healthy Meals Made Fast

**Thursdays | 7pm-8pm | June 8-July 6**

Learn to make healthy food that actually tastes good and fills you up- without spending all day in the kitchen or breaking the bank! Come hungry; you'll be sampling lots of great food! Led by Board-Certified Nutritionist Cheryle McKee. Ages 15+. 5-week program/\$125. Drop-in/\$30.

### Sculpt- Pilates & Yoga

**Saturdays | 11am – Noon | June 10-July 29**

Improve posture, abdominal strength, and decrease back pain. Led by Christa Angelo, take "Sculpt" to stretch, strengthen and build up core fortification through specific exercises targeted for support. 8-week/\$60. Drop-in/\$10.

### Avoid Heartburn Naturally

**Tuesday | 7pm-9pm | June 13**

Eating should be pleasurable! But when it bloats you, causes chest pain and leaves you full of gas, life just isn't fun! Learn what causes heartburn & gas, why antacids and probiotics can make things worse, and how to heal your gut so you can get back to enjoying your food! Led by Board-Certified Nutritionist, Cheryle McKee. \$22.

### Aikido for Teens

**Fridays | 6:30pm -7:30pm | June 23-July 28**

Provides a great learning experience in physical activity and mind-body connection with this Japanese form of self-defense and martial art. Aikido teaches us to respect and be helpful toward other people, fosters personal and social responsibility through introduction to the principles of Aikido, which means "the way of harmonious spirit."  
Ages 13-17, co-ed. Led by Vernon Medeiros. 6 weeks/\$35.

### Turbo Kick

**Saturdays | Noon- 1 pm | June 24- July 15**

Kick-down limits and kick-up your workout routine with this New Year fitness regime with new instructor, Deanna Schleigh, for Turbo Kick, a four-Saturday-series \$17/4-weeks; \$5/drop-in.

### Manage Diabetes through Diet & Lifestyle

**Tuesday | 7-9pm | July 11<sup>th</sup>**

Diabetes and pre-diabetes occur when the body is unable to effectively convert carbohydrates to energy. If left untended, Diabetes can cause significant health issues. Learn to use diet and lifestyle to prevent, manage and repair damage caused by Diabetes, so you have abundant energy and vitality. Led by Board-Certified Nutritionist, Cheryle McKee. \$22

### PIYo

**Saturdays | Noon- 1pm | July 22 - Aug. 26**

This one-hour class is a combination of Pilates and Yoga to engage muscles, burn fat, and tone the physique. Instructor Deanna Schleigh. 6 weeks/\$27; Drop in/\$5.

### Sleep Better, Start Now!

Tuesday | 7pm -9pm | July 25<sup>th</sup>

Poor sleep can make miserable! No energy, trouble focusing, crankiness and mood swings. Even weight gain and hormonal issues. Fortunately, there's relief! Learn what causes of sleep issues, what to do when you can't sleep and how to retrain your body and brain to return to normal sleep – for good! Led by Board-Certified Nutritionist, Cheryle McKee. \$22.

### Let's Make a Hoolah Hoop for Kids

M-F | 9am – Noon | August 14– 18

Make your own modern Hoolah Hoop and learn to twirl and toss them in this active and educational class. Explore exercise, cooperation, movement, and play as you learn and master basic Hooping, Hoop Games, Hoop Tricks. Hoop making materials are included in the class. Please be sure to bring a snack, a water bottle, and wear comfortable clothing. 5 Days/\$200.

## OUTDOOR PROGRAMS

To register: [www.hagerstownmd.org/parksandrec](http://www.hagerstownmd.org/parksandrec)

For more info: 301-739-8577 x 170

### Outdoor Skate with Power Stride Athletics

M, W, F | 6:30pm -7:30pm | Outdoor Skate Rink at Fairgrounds Park

(W) April 12-May 17; May 24-June 28; July 12-August 16 – Beginner

(M) May 22- June 26; July 10 – August 14 – Intermediate

(F) July 14- August 18 – Advanced

Learn the basics of safe inline skate practices with Power Stride Athletics' own former roller derby player turned professional fitness trainer, Shawna Ploscaru. Ages 18 years+. Must complete prior session to move to next level. 6-week session/\$60.

### Bird Watching Walks in the Parks

April 25 & May 22 at Mills Park; April 26, May 24, June 28 & July 28 at Kiwanis Park; May 6 & June 11 at Hager House; May 17 & June 24 at Pangborn Park | 8am

Learn to identify by sight and sound the many bird species that inhabit our urban parks. Bird watching walks in the park is a program series offered by the Washington County Bird Club; children are welcome. Bring your binoculars. Free.

### Fit Fido

Sundays | 3pm – 4pm | April 23 – June 18

Get fit and have fun with your dog! One-hour playdates to bond, stimulate, and explore together. Run a human- and dog-friendly obstacle course, play training games, and have a blast with your pup. Meets at various parks locations. 1 week for \$20 per dog/human pair; \$80 for any 4 weeks; \$155 for 8 weeks.

### NFL Flag Football League at City Park

Sundays | 1pm | April 23 – June 25

By GameTime Hagerstown: Middle School (Grade 5-8) and High School (Grades 8-11). 8th graders can play in both leagues. 10 week series (Jerseys and flags provided) \$50/kid; 12 player team/\$550.

### [Bird Watching by Kayak & Canoe](#)

Sunday | 7:30am | May 7 | Kiwanis Park

Bring your own canoe or kayak, safety float jacket, and binoculars to amplify your guided bird watching experience with tour leader, Sandy Sagalkin. Children under age 18 must be accompanied by an adult (recommended for ages 6+). Free.

### [Benny's Pubcycle](#)

Friday | 6pm | May 19

National Bike to Work Day tribute: sign up to Ride the Hub City Bike loop, and then return to Benny's Pub for a brewery tour, discount food and beverages, and a t-shirt. Free.

### [Geocaching in the Parks](#)

Once a month | 1pm - 2:30pm

May 7, Bloom Park; June 3, Funkhouser Park; July 23, Kiwanis Park; Aug. 19, Oswald Park; Sept. 17, Greenawalt Park.

This real-world, outdoor treasure hunting game uses your GPS-enabled cell phone to navigate to hidden locations throughout Hagerstown City Parks. Learn how to earn a free GeoCoin! Free.

### [Monarch Butterfly Milkweed Sale](#)

Saturday | 10am– 1pm | May 20

Make your garden an attractive spot for Monarch butterflies and pollinators by planting Milkweed! Purchase online and pick up at Kiwanis Park. Two varieties of milkweed available: Butterfly Weed (orange blossom) & Swamp Milkweed (lavender blossom). Quart containers \$5. Limited Quantities Available.

### [Cycling 101](#)

Saturday | 8am – 4pm | May 20 & August 26 | South Pavillion at Fairgrounds Park

This course is designed to develop the ability to use a bicycle with confidence and competence for pleasure, utility and/or sport under various highway, climate, terrain and traffic conditions. This course combines classroom discussion/activities and on road practice of the principles of vehicular style bicycling. Minimum age 16. \$10/pp.

### [Adult Sports Summer Leagues](#)

Team up with GameTime Hagerstown for summer co-ed adult sports leagues for “competitive-friendly” play.

T-Shirts included; 10 weeks of play! Individual/\$35; Team of 8 players/\$225; 12 players/\$350.

June 5<sup>th</sup> 6 p.m., Monday Night Kickball at Fairgrounds Park

June 6<sup>th</sup> 6 p.m., Tuesdays Dodgeball, Wiffleball and Ultimate Frisbee at Pangborn Park

June 6<sup>th</sup> 1 p.m., Tuesday Lunch Kickball League at Fairgrounds

June 7<sup>th</sup> 1 p.m., Wednesday Lunch Wiffleball League at City Park

June 7<sup>th</sup> 6 p.m. Wednesday Night Kickball at City Park

### [American Doll House Tours](#)

June 9, 10, 16 & 17 | 10am, Noon and 2pm

Discover what life was like for American boys and girls who lived in the Jonathan Hager House throughout the centuries. If your child has a favorite doll, bring it along for the tour! Following the tour, guests and their dolls will be treated to a picnic-like setting to enjoy refreshments and the opportunity to write with old fashion writing utensil. Program held at the Hager House in City Park. \$4 children/seniors, \$5 adults.

### [Maximum Volleyball at Pangborn Park](#)

Tues. & Thurs. | 9 a.m. – Noon | June 13- July 20

Outdoor Volleyball offers players more opportunities to improve due to increased ball touches on smaller teams. 6-week program covers basics of serving, passing, setting, and blocking as well as the rules and strategies necessary to play the game effectively. Co-ed participants, ages 9-15 years. Led by Britt Whitton. \$200/6 weeks; \$40/week part-time.

### Ultimate Frisbee: Disc Fun for Everyone

Mon/Wed/Fri | 9 a.m. – Noon | June 12 – July 21

Ultimate is a fun, fast paced aerobic team sport that involves accurate throws to teammates downfield. We will learn the basics of forehand, backhand, and hammer throws as well as the rules and strategies necessary to play the game effectively. Co-ed participants, ages 9-15 years. Led by Britt Whitton at Pangborn Park. \$300/6-weeks; \$60/week part-time.

### Fancy's Fairies and Tales

Fridays | 9am – 10am | June 30, July 14 & 28, Aug. 11 & 25, & Sep. 8

Come visit and learn in each room of the Jonathan Hager House Museum, once called "Hager's Fancy" by the town founder himself. Create a fairy garden for display at Fall Fest, and get a hands-on learning experience in the garden outside. \$ Price TBD.

### Dig It Tours

July 7, 8, 21 & 22 | 10am, Noon and 2pm

Come and learn about the archeological history of the Jonathan Hager House! Take a short tour of the house, then come out back and experience working on an "archeological dig". Guests will learn about past digs done on site, and then they will come out back to conduct an explorative dig of their own. Great for kids ages 5+. \$4 children/seniors, \$5 adults.

### Monarch Butterfly Programs

Saturdays | 11am – 1pm | Free

- Aug. 12 "ID Caterpillar, Butterfly, and Plant Mini-workshop" at Kiwanis Park
- Sept. 9 "Monarch Butterfly Tagging Demos" at Kiwanis Park
- Sept. 16 at City Park Fall Fest at the Hager House

## 2017 SPRING & SUMMER EVENTS

### Community Yard Sale

Saturdays, April 8, June 10, August 12 & October 14, 7:00am – 2:00pm

Come enjoy a multitude of vendors and find new treasures for your home! Join us for a community yard sale in the stalls at Fairgrounds Park. Stalls are available for rent by calling 301-739-8577 x 169.

### German Easter Egg Hunt - *Pre-Registration Required*

Sunday, April 9, 1pm – Petting Zoo, Music and Tours; 3pm – Egg Hunt

Come to the Hager House and gather up the egg filled candy! But first, enjoy a petting zoo and a musical performance by Grammy nominated Ray Owen. *Limited space available: first 100 children ages 10 and under.*

### Earth Day

Tuesday, April 18, 10am

Our Earth Day celebration aims to inspire awareness of and appreciation for earth's environment. Join us at University Plaza in downtown Hagerstown as we demonstrate ways to support environmental protection such as recycling, and solid waste reduction.

### Arbor Day

Friday, April 28, 11am

Trees play an important role in our environment. Join the City of Hagerstown and a group of school children as they are encouraged to plant and care for trees. Help combat climate change; help us breathe clean air; and help our community achieve long-term environmental sustainability.

### Museum Ramble Weekend

Fri/Sat, May 5 & 6, 10am – 4pm

Buy one get one free admission (of equal or lesser value) at the Jonathan Hager House and the Hagerstown Railroad Museum at City Park! Submit a visitor's slip with your contact information to be entered for a chance to win a free entry for a family (up to 5 people) to Railroad Heritage Days and a copy of the book *Jonathan Hager—Founder* written by Mary Vernon Mish.

### Railroad Heritage Days

Saturday, May 20, 10am – 5pm; Sunday, May 21, Noon – 5pm

Hub City's annual tribute to railroad heritage! Enjoy this two-day event featuring three locations of fun activities and entertainment for kids and adults! Visit the City Park Railroad Museum, Ridge Avenue Park and the Hagerstown Roundhouse Museum for train displays, a rock climbing wall, inflatables, rides and food! Adults \$10; Kids 16 & under, free. A free shuttle is provided between locations!

### Outdoor Movies at City Park

Fridays, June 9 & 23; July 7 & 21, Dusk

Join us for free outdoor movies in the City Park Band Shell! Fun activities and giveaways planned before each movie. Bring a blanket or a lawn chair, or enjoy the Band Shell benches, and treat yourself to concessions and a fun evening under the stars! For movie titles and info visit

[www.hagerstownmd.org/outdoormovies](http://www.hagerstownmd.org/outdoormovies). Rain dates, Tuesdays, June 13 & 27; July 11 & 25.

**Fishing Frenzy**

Saturday, June 10, 8am

Thanks to MIHI, enjoy this free annual tradition at Pangborn Park! The Fishing Frenzy is open to children 12 and under, seniors 65 and above, and to those with disabilities. No license required, bring your own fishing poles and bait. Registration begins at 8am on-site, fishing from 9am-1pm. Special awards for catching: largest fish, smallest fish, largest trout, and largest 5 trout caught! More info call 301-745-6444.

**Cultural Trail Grand Opening**

Saturday, June 17, 2pm-5pm

Get Down on It! Celebrate the Grand Opening of the Cultural Trail connecting downtown Hagerstown to City Park! Free activities including arts and crafts, food, interactive kids activities, paddle boats on City Park lake, and a scavenger hunt with prizes! Walk along the new trail to enjoy public art, water features, photo and community murals and more! Stay downtown for dinner that evening and enjoy discounts.

**Music By The Lake**

Saturdays, July 15, 22, 29 August 5<sup>th</sup>, 7pm

In partnership with the Washington County Arts Council, enjoy free concerts in the City Park Band Shell! The line-up includes (in order of dates) - Taylor Brown and The Memphis Cats, Circa Blue, Annapolis Bluegrass Coalition, and the Cruisers. Bring your lawn chairs and blankets, or enjoy the Band Shell benches. For more info visit [www.washingtoncountyarts.com](http://www.washingtoncountyarts.com) or call (301) 791-3132.

**Dive-In Movie Splash Event**

Saturday August 5<sup>th</sup>, 5pm - Dusk

Join us for wet and wild activities and games at Potterfield Pool, plus, a poolside movie on a larger-than-life inflatable movie screen beginning at dusk! For movie title, visit [www.hagerstownmd.org/potterfieldpool](http://www.hagerstownmd.org/potterfieldpool). Rain date, Aug 6.

**5<sup>th</sup> Annual City Championship Golf Tournament**

Saturday, August 19, 1pm

Golfers of all levels can take a swing at winning some great prizes at our 5<sup>th</sup> annual tournament at The Greens at Hamilton Run Golf Course! Entry includes 18 holes of golf with cart, lunch, and player gift bag. Lunch/check-in 11:30am-12:30pm; Shotgun start at 1pm. \$50. Lunch provided by Chick-fil-A.

**City Park Fall Fest**

Saturday, September 16, 11am – 3pm

Join us in City Park for family activities at multiple locations around City Park including ponies in the park, Sail Boats on the Lake, Living History, Tommy 202 and hay wagon rides, arts activities at the Washington County Museum of Fine Arts, music and arts entertainment, and much more!